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The paper summarizes the achievements and highlights the recommendations emerged out of the 30 years of research work carried out at CSWCRTI, Regional Centre, Ootacamund in the Nilgiri hills. The areas dealt with are conservation problems, improved soil and water conservation practices for agricultural crops, 'Shola' forests and swamps, conservation forestry, development of water resources, and transfer of technology mainly through Lab-to-Land Programme.