

Extraction of DNA and RNA

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Procedure

1. Inoculate the bacterial culture in non-selective enrichment broth viz., TSB or BHI or NB or LB and incubate overnight at optimum temperature (may vary with your bacterial culture).
2. Take 1 mL of overnight grown bacterial culture in 1.5mL centrifuge tube. Label the tubes with the sample id.
3. Centrifuge it at 8000rpm for 5 min.
4. Discard the supernatant.
5. Resuspend the pellet in 0.5mL of 1X Tris-EDTA buffer (pH 8.0) using a vortex or micropipette.
6. Repeat the centrifugation step at 8000rpm for 5 min.
7. Discard the supernatant. To the pellet, add 0.5 ml of Tris-EDTA buffer
8. Resuspend the cells using a vortex or micropipette.
9. Heat the tubes either by placing them in a heating plate or in a water bath at 95°C for 5 minutes.
10. Immediately transfer the tubes to ice or -20°C (if not used immediately).
11. Incubate on ice for 10 min.
12. Centrifuge at 8000 rpm for 5 minutes.
13. The supernatant can be used as template for PCR reactions.

1. Cell lysate preparation from bacterial colonies

Procedure

1. Use micropipette to add 1ml of sterile DNase-free water to the tube.

2. Use a sterile pipette tip to 'touch' a series of bacterial colonies on plate or overnight grown culture on slants and mix it with the DNase free water in the tubes. Avoid picking up a large amount of bacterial cells. Too much cellular material might inhibit the PCR reaction.
3. Centrifuge at 8000 rpm for 5 minutes and discard the supernatant.
4. Add 0.5 ml of Tris-EDTA buffer to the pellet.
5. Resuspend the cells using a vortex or micropipette.
6. Heat the tubes either by placing them in a heating plate or in a water bath at 95°C for 5 minutes.
7. Immediately transfer the tubes to ice or -20°C (if not used immediately).
8. Incubate on ice for 10 min.
9. Centrifuge at 8000rpm for 5 minutes.
10. The supernatant can be used as template for PCR reactions.

2. DNA extraction from fish tissue

CTAB METHOD

1. Collect 100–200 mg tissue in a 1.5 ml microfuge tube with 600 µl lysis solution (100 mM NaCl, 10 mM Tris/HCl, pH 8, 25 mM EDTA [ethylene diamine tetra-acetic acid], 0.5% SLS [sodium N-lauryl sarcosinate] or 2% SDS [sodium dodecyl sulphate], and 0.5 mg ml⁻¹ proteinase K added just before use)
2. Using a disposable stick, homogenize the tissue in the tube thoroughly
3. After homogenization, incubate at 65°C for 1 hour.
4. Add 5 M NaCl to a final concentration of 0.7 M. Next, slowly add 1/10 volume of N-cetyl N,N,N trimethyl ammonium bromide (CTAB)/NaCl solution (10% CTAB in 0.7 M NaCl) and mix thoroughly.
5. Incubate at 65°C for 10 minutes, and then, at room temperature, add an equal volume of chloroform/isoamyl alcohol (24/1) and mix gently. Centrifuge at 13,000 g for 5 minutes and then transfer the aqueous

solution (upper layer) to a fresh 1.5 ml tube and add an equal volume of phenol.

6. Mix gently and centrifuge at 13,000 g for 5 minutes. Collect the upper layer solution and repeat the phenol extraction process once or twice.
7. Transfer the final upper layer to a new tube, mix gently with two volumes of chloroform/isoamyl alcohol (24:1) and centrifuge at 13,000 g for 5 minutes.
8. Transfer the upper layer to a new tube and precipitate DNA by adding two volumes of 95% or absolute ethanol followed by standing at -20°C for 30 minutes or -80°C for 15 minutes.
9. Centrifuge at 13,000 g for 30 minutes and discard the ethanol. Wash the DNA pellet with 70% ethanol, dry and resuspend in 100 μl sterilized double-distilled water at 65°C for 15 minutes. Use 1 μl of this DNA solution for one PCR.

3. Dneasy blood & tissue kit (qiagen)

1. Cut tissue into small pieces, and place in a 1.5 ml micro centrifuge tube.
2. Add 180 μl Buffer ATL. Add 20 μl proteinase K, mix by vortexing and incubate at 56°C until completely lysed. Vortex occasionally during incubation.
3. Add 200 μl Buffer AL. Mix thoroughly by vortexing. Incubate blood samples at 56°C for 10 min.
4. Add 200 μl ethanol (96–100%). Mix thoroughly by vortexing
5. Pipette the mixture into a DNeasy Mini spin column placed in a 2 ml collection tube. Centrifuge at $\geq 6000 \times g$ (8000 rpm) for 1 min. Discard the flow-through and collection tube.
6. Place the spin column in a new 2 ml collection tube. Add 500 μl Buffer AW1. Centrifuge for 1 min at $\geq 6000 \times g$. Discard the flow-through and collection tube.
7. Place the spin column in a new 2 ml collection tube; add 500 μl Buffer AW2 and centrifuge for 3 min at $20,000 \times g$ (14,000 rpm). Discard the flow-through and collection tube.

8. Transfer the spin column to a new 1.5 ml or 2 ml micro centrifuge tube.
9. Elute the DNA by adding 100 μ l Buffer AE to the center of the spin column membrane. Incubate for 1 min at room temperature (15–25°C). Centrifuge for 1 min at $\geq 6000 \times g$.

4. RNA extraction from fish tissue

The sample size depends on the type of sample (the following steps shall be performed at a temperature under 4° C):

- (1.1) for large (juvenile or adult) shrimp, take 25-75 mg shrimp tissue and add 150 μ L trizol. Crush, and then add 850 μ L trizol for a final volume of 1,000 μ L.
 - (1.2) For PL shrimp, take 300 shrimp and add 1,000 μ L trizol. Crush, then take just 150 μ L of the mixture and add 850 μ L trizol for a final volume of 1,000 μ L.
 - (1.3) if the sample is haemocytes, add 750 μ L trizol and mix for 20 seconds.
- (2) Incubate the sample from (1) at 25°C for 5 minutes.
 - (3) Centrifuge at 12,000g at 4°C for 10 minutes; pipette up the supernatant and transfer it to a new micro centrifuge tube.
 - (4) Add 200 μ L chloroform and mix for 20 seconds.
 - (5) Incubate at 25° C for 10 minutes.
 - (6) Centrifuge at 12,000g at 25°C for 10 minutes; pipette up the supernatant and transfer it to a new micro centrifuge tube.
 - (7) Add 670 μ L iso-propanol and mix.
 - (8) Incubate at 25°C for at least 10 minutes or incubate at -20°C over night or at -70°C for 1 hour.
 - (9) Centrifuge at 12,000g at 25°C for 10 minutes: pipette off the supernatant and discard.
 - (10) Rinse the pellet with 0.5 ml of 70% ethanol for atleast 30 minutes at 25°C.
 - (11) Centrifuge at 12,000g at 25°C for 10 minutes. Pipette off the supernatant and discard.

- (12) Leave at room temperature for 20 minutes or until the pellet is dry
- (13) Add 150 μL EDTA for every 50 mg of original sample tissue, or if the original sample was 250 μL haemocyte, add 75 μL EDTA. Incubate at 55°C for 15 minutes. Mix gently and use for the next step to create complementary DNA.

5. cDNA synthesis from extracted RNA

This protocol is specifically used for Revert Aid H minus First Strand synthesis kit from Thermo Fisher Scientific

Add total RNA (RNA extracted using the Trizol method) (1 μg to 5 μg - up to 4 μL) in a sterile nuclease free, 0.2 mL PCR tube

Add 1 μL of Primer; oligo (dT) 18 primer or random hexamer primer. If gene-specific primer is used add to a final concentration of 15-20 pmol.

Add RNase-free Water to a final volume of 12 μL . Gently flick the tube a few times to mix, and then spin briefly (~5 seconds).

Incubate at 65°C for 5 min. Chill on ice, spin down and place the vial back on ice.

Add the following components in the indicated order:

5X Reaction Buffer	4 μL
Ribo Lock RNase Inhibitor (20 U/ μL)	1 μL
10 mM dNTP Mix	2 μL
Revert Aid H Minus M-MuLV Reverse Transcriptase (200 U/ μL)	1 μL
Total volume	20 μL

5. For oligo (dT) 18 or gene-specific primed cDNA synthesis, incubate for 60 min at 42°C. For random hexamer primed synthesis, incubate for 5 min at 25°C followed by 60 min at 42°C.

Note. For GC-rich RNA templates the reaction temperature can be increased up to 45°C.

6. Terminate the reaction by heating at 70°C for 5 min. The reverse transcription reaction product can be directly used in PCR applications or stored at -20°C for less than one week. For longer storage, -70°C is recommended.
