

Chapter 33

Advanced Microbiological techniques for human health significant pathogens

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Microbiology has always been very traditional and very labour intensive with the view that automation was for other disciplines but not suited for microbiology. Over the last few years, however, new and improved automated technologies have provided solutions to the challenges facing today's microbiology lab. The first stand-alone automation for the micro lab was introduced in the 1950s, with the initial systems primarily designed for studying human specimen samples such as blood cultures, tissue samples, urine samples antibiotic susceptibility, and biochemical based identification. It wasn't until 2006 that the first true bacteriology automation was introduced with barcoding of dishes, inoculation, moving tracks systems, automated incubation, and digital imaging. Like many other industry advancements, laboratory automation is designed to increase efficiency, streamline processes and deliver high-quality, consistent results in less time.

Today, automation is a complex integration of computers, robotics, liquid handling/processing, and other combined technologies. Automation of routine procedures such as dedicated workstations and software to program instruments has already impacted laboratories worldwide. With repetitive tasks such as pipetting, transporting plates, and various types of assay being the first to be automated. In last decade, automation has steadily spread throughout the analytical chemistry and clinical areas of medical diagnostic laboratories, microbiology laboratories have been excluded from this trend. In general, automated microbial identification systems, and automated antimicrobial susceptibility testing systems are widely utilized in microbiology laboratories. In conventional microbiology, microbiology samples are collected and transported by utilizing a wide variety of devices and are processed by maceration, digestion, sonication prior to being plated, or plated directly, and analysis can be quantitative, semi-quantitative, or non-quantitative.

In most inoculation and streaking systems that are fully automated, the samples first need to be in a liquid format The common perception is that digital imaging can be used to make a

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determination. In fact, it is used to sort the plates, which may be of interest to do further work or sensitivity testing. The others can be sent to discard without being handled by a biomedical scientist. There will always be some plates that may require a visual check by the laboratorian prior to doing any further work being performed. With automation, a majority of manual processing of bacteriology is removed and reading using digital imaging is different and takes some getting used to by biomedical scientists. Automation changes the workflow of the lab by allowing continuous flow processing as opposed to batch processing. This is a move from the traditional approach of reading plates in the morning and setting up plates in the afternoon and is more compatible with a 24/7 operation. The centralized processing and reading gets away from the traditional specialized benches or areas, staff can easily access all the data from a particular sample and compare on one screen. It also frees trained, experienced staff from doing dull repetitive tasks they can be usefully employed in using their skills and knowledge where it is most needed - in the unusual results rather than the routine ones.

Prerequisites for automation in microbiology laboratory

The main factors for automation in microbiology laboratory are the continued pressure on reducing costs whilst increasing productivity, turnaround time, and result reliability. The current trend is towards merging smaller labs into large super labs, which are considered to be the most cost-effective and efficient way to process samples, and these have the advantage of creating centers of excellence in terms of expertise. Automated systems are ideally suited to meet accreditation requirements by automatically monitoring each step of the analysis, retaining the data for later access. Recruiting and retaining qualified, experienced staff, especially with a trend towards 24/7 working, is also an issue for many labs, so again automation can step in. For automation in microbiology laboratory to be successful, it need to be flexible in design, embrace the human element, and adapt to the challenges of analysing diverse samples. Flexibility acknowledges that one size will not fit all and incorporates an open, expandable architecture that can be adapted to a laboratory's available space and potential future growth. Moreover, flexibility will also require that automation systems embrace diversity of equipment manufacturers. Microbiology must move as much as is practical to liquid-based transport devices to facilitate automated plating. The automated solutions must be able to accommodate the introduction of manually inoculated media into their systems.

Advantages of Lab Automation:

- Increased productivity, more samples processed per person
- A move away from batch processing to continuous, even 24/7 processing
- The ability to handle surge demands
- Remote reading and access to images of plates and organisms
- Assurance that the sample is processed correctly with the right plates and incubation conditions
- Ability to view the whole patient's plate set and historical plate sets
- Reduction in technical and transcription errors
- Improvement in traceability and fully audit trails including the reading process
- Images available for retrospective and training purposes

Process to be automated in microbiology laboratory

In microbiology laboratory several process is required for processing and analysis of samples. In this process automation is possible in many stages

a) Media Preparation: Perhaps the most well established and long-standing area that can be automated is media preparation, labs will not see this as a core activity with all the associated validations and Quality Control protocols and will buy in ready to use media.

b) Specimen Preparation (Plating/Inoculation/Streaking): Plates Most fully automated inoculation and streaking systems require liquid transport swabs or liquid samples. Specimens can be loaded into racks and then loaded onto the instrument; alternatively, samples can be added to a turntable for continuous loading. The sample is scanned, and the system will know how to process the specimen and what plates are required. After vortexing the required plates arrive ready barcoded so that they can be tracked and traced throughout the process. Plates are then planted/inoculated or streaked depending on what was specified for that particular specimen. A HEPA environment ensures no cross-contamination. Specific streaking patterns can be pre-programmed and achieved by robotic loop. This results in a consistent, reproducible inoculation and streaking pattern and produces single colonies more often than by a manual process. Systems

will include a monitoring step to ensure that some sample has indeed been taken up by the pipette or loop. Inoculated plates can then be sorted according to required atmospheric conditions and temperature and transported by conveyor belt to the appropriate incubators. Any non-liquid or other specialized samples can be done in a semi-automated fashion whereby the technician prepares the plate, which then goes back into the system with the bulk of samples.

C. Incubation: As each plate is barcoded, on the way to the incubator, it's scanned so incubation start time is registered and how long that plate will need to be incubated before going to the plate reader.

D. Plate Reading and Interpretation: After incubation plates are automatically moved to the image analyzer for reading and may subsequently be returned to the incubator if necessary, this means plates get exactly the correct incubation time even if due for reading during the night if the lab is 24/7. The barcode on the plate contains information on which camera and lighting settings are required to take images for that particular plate. Even chromogenic plates, can be automatically read and interpreted. The whole plate set from a patient can be put together on one screen for viewing together in one place, so secondary plates such as antibiotic sensitivities can be seen with the primary plates, or the image from day 1 can be viewed with day 2. Images can be saved for later reference or auditing purposes. Looking at plates on a screen is probably one of the most significant changes that automation brings for the biomedical staff who are used to holding a plate, seeing it in 3D, and maybe quickly doing some basic biochemical tests. But plates can always be called up to the workbench for examination by eye, and as staff gain more confidence in the digitized system they will most likely need to only call up those plates that are necessary, leaving the bulk routine plates to be handled by the instrument.

E. Antibiotic Sensitivity Testing: The inoculation and streaking modules are able to produce seeded plates for sensitivities. However, the relevant antibiotic sensitivity discs need to be added using traditional disc dispensers. These plates can be returned to a workbench for the discs to be added.

F. Artificial Intelligence: Artificial Intelligence can be applied to screening and interpretation of plates following incubation; algorithms can be adjusted to meet a particular lab's requirements to enable the automated screening of non-critical plates, depending on visual appearance, sample

or patient histories, etc. This results in the vast majority of plates being automatically read and recorded without the need for any technician intervention.

Systems Available

Larger automated systems are modular and can be configured to fit into the available laboratory space. Quite often, the systems must be built to specific design specifications. However, the inoculation and streaking modules have a fixed footprint and are available off-the-shelf. Additional modules can be added on, which include the fully automated transport of plates to fully-automated incubators. Many of these systems will have a lead in time, however this allows time for the lab to prepare for the change and complete any enabling works. The following automated systems are widely used for identification of bacteria in microbiology laboratory.

A) API (Analytical Profile Index) KIT

API identification products are test kits for identification of Gram positive and Gram negative bacteria and yeast. API strips give accurate identifications based on extensive databases and are standardized, easy-to-use test systems. The kits include strips that contain up to 20 miniature biochemical tests which are all quick, safe and easy to perform. API (Analytical Profile Index) 20E is a biochemical panel for identification and differentiation of members of the family Enterobacteriaceae. It is hence a well-established method for manual microorganism identification to the species level. The API range provides a standardized, miniaturized version of existing identification techniques, which up until now were complicated to perform and difficult to read. In the API 20E, the plastic strip holds twenty mini-test chambers containing dehydrated media having chemically-defined compositions for each test. They usually detect enzymatic activity, mostly related to fermentation of carbohydrate or catabolism of proteins or amino acids by the inoculated organisms. A bacterial suspension is used to rehydrate each of the wells and the strips are incubated. During incubation, metabolism produces color changes that are either spontaneous or revealed by the addition of reagents. All positive and negative test results are compiled to obtain a profile number, which is then compared with profile numbers in a commercial codebook (or online) to determine the identification of the bacterial species.

The test kit enables the following tests:

ONPG: test for β -galactosidase enzyme by hydrolysis of the substrate o-nitrophenyl-b-D-galactopyranoside

ADH: decarboxylation of the amino acid arginine by arginine dihydrolase

LDC: decarboxylation of the amino acid lysine by lysine decarboxylase

ODC: decarboxylation of the amino acid ornithine by ornithine decarboxylase

CIT: utilization of citrate as only carbon source

H₂S: production of hydrogen sulfide

URE: test for the enzyme urease

TDA (Tryptophan deaminase): detection of the enzyme tryptophan deaminase: Reagent- Ferric Chloride.

IND: Indole Test-production of indole from tryptophan by the enzyme tryptophanase. Reagent- Indole is detected by addition of Kovac's reagent.

VP: the Voges-Proskauer test for the detection of acetoin (acetyl methylcarbinol) produced by fermentation of glucose by bacteria utilizing the butylene glycol pathway

GEL: test for the production of the enzyme gelatinase which liquefies gelatin

GLU: fermentation of glucose (hexose sugar)

MAN: fermentation of mannose (hexose sugar)

INO: fermentation of inositol (cyclic polyalcohol)

SOR: fermentation of sorbitol (alcohol sugar)

RHA: fermentation of rhamnose (methyl pentose sugar)

SAC: fermentation of sucrose (disaccharide)

MEL: fermentation of melibiose (disaccharide)

AMY: fermentation of amygdalin (glycoside)

ARA: fermentation of arabinose (pentose sugar)

Method

Confirm the culture is of an Enterobacteriaceae. To test this, a quick oxidase test for cytochrome c oxidase may be performed. Pick a single isolated colony (from a pure culture) and make a suspension of it in sterile distilled water. Take the API20E Biochemical Test Strip which contains dehydrated bacterial media/bio-chemical reagents in 20 separate compartments. Using a pasteur pipette, fill up (up to the brim) the compartments with the bacterial suspension. Add sterile oil into the ADH, LDC, ODC, H₂S and URE compartments. Put some drops of water in the tray and put the API Test strip and close the tray. Mark the tray with identification number (Patient ID or Organism ID), date and your initials. Incubate the tray at 37°C for 18 to 24 hours.

Result interpretation

For some of the compartments, the color change can be read straightway after 24 hours but for some reagents must be added to them before interpretation.

Add following reagents to these specific compartments:

TDA: Put one drop of Ferric Chloride

IND: Put one drop of Kovacs reagent

VP: Put one drop of 40 % KOH (VP reagent 1) & One drop of VP Reagent 2 (α -Naphthol)

Get the API Reading Scale (color chart) by marking each test as positive or negative on the lid of the tray. The wells are marked off into triplets by black triangles, for which scores are allocated. Add up the scores for the positive wells only in each triplet. Three test reactions are added together at a time to give a 7-digit number, which can then be looked up in the codebook. The highest score possible for a triplet is 7 (the sum of 1, 2 and 4) and the lowest is 0. Identify the organism by using API catalog or apiweb (online).

B. VITEK® 2 COMPACT

The VITEK® 2 Compact system offers quality control testing solutions for fast and accurate microbial identification. The efficiency of the VITEK® 2 COMPACT instrument and VITEK® 2 PC software have the capacity to help improve therapeutic success and patient outcomes through reliable microbial identification (ID) and antibiotic susceptibility testing (AST). The

instrument also lets you enhance laboratory efficiencies with reduced hands-on time and rapid reporting capabilities. All this, in a cost-effective, space-saving design. With technology that includes an extensive and robust identification database, rapid results, and minimal training time, it will streamline laboratory workflow for increased productivity. The system identifies the majority of microorganisms that contaminate production areas and finished products in a minimal amount of time. Identification cards presently available for product safety include: Gram-negative bacilli (time to result: 2 – 10 h); Gram-positive cocci (time to result: 2 – 8 hours); Yeast-like organisms (time to result: 18 hours); Anaerobic bacteria (time to result: 6 hours); Gram-positive spore forming bacilli (time to result: 14 hours) Coryneform bacteria (Time to result: 8 hours).

Testing using VITEK 2 can be performed as follows:

- a. Select the appropriate card based on the Gram stain reaction and the organism's microscopic appearance. Allow the card to come to room temperature before opening the package liner.
- b. Aseptically transfer at least 3 mL of sterile saline into a clear polystyrene 12×75 mm test tube. Using sterile cotton swabs, prepare a homogenous organism suspension by transferring several isolated colonies from the plates to the saline tube. Adjust the suspension to the McFarland standard required by the ID reagent. The required inoculum concentrations card McF range for different bacteria are as follows: GN 0.5-0.63; GP 0.5-0.63; ANC 2.7-3.3; BCL 1.8-2.2.
- c. Place the prepared suspensions in the cassette
- d. Insert the straw. The age of the suspension must not exceed 30 minutes before inoculating the cards.
- e. Proceed to data entry. Enter the card data by scanning the bar code on the card. The Cursor must be in the Bar Code space to be entered.
- f. Filling the Cards: Place the cassette in the Filler box on the left side of the V2C unit and hit Start Fill button on the instrument. Filling the cards takes approximately 70 seconds for a cassette regardless of the number of cards in the cassette holder. The cassette must be placed inside the Loader Door within 10 minutes from the end of the filling cycle to avoid the cards being rejected. When the cards are finished filling, the Load Door is automatically unlocked.

- g. Place the cassette in the Load Door. The V2C Instrument will verify the scanned barcodes against the Virtual Cassette (the information scanned in by the analyst). Cards are sealed, straws are cut and the cards are loaded automatically into the carousel. The V2C will beep once all cards are loaded into the cassette.
- h. When the cards are loaded, remove the cassette and dispose of the tubes and straws in a biohazard container.
- i. The V2C automatically processes the cards once all the cards are loaded.
- j. When the cards are processed and results obtained, cards will be automatically ejected into the waste collection bin
- k. Results are concurrently printed and the data sent to the Results View folder on the left side of the screen also called the Navigation Tree where the information is archived.
- l. The VITEK system analyses the data results and determines the identity of the test microbes /QC organism based on colorimetric tests (biochemical reactions).

C. VIDAS

VIDAS® is a multiparameter, automated immunoanalyser. It includes an analytical module, a computer and a printer. The analytical module automatically performs all stages of the analysis. The VIDAS® system contains five independent compartments, each accepting up to 6 tests. The computer module is used to manage and print out the results. The VIDAS® system can manage up to two analytical modules simultaneously, giving the system a capacity of 60 tests per hour and is based on Enzyme Linked Fluorescent Assay (ELFA) based technology. VIDAS® reagents are optimized, ready-to-use and stem from an integration of antibody engineering, immuno-concentration, and phage recombinant protein technology. VIDAS® offers a wide range of next-day, simple protocols to answer the need of detecting *Salmonella*, *Listeria* spp., *Listeria monocytogenes*, *Escherichia coli* O157, *Campylobacter* and *Staphylococcal* enterotoxins.

The detection protocol can be broken down as follows:

- a. Enrichment
- b. Enzyme immunoassay

c. Cultural confirmation

D. ASSURANCE® Gene detection system

The Assurance® GDS genetic detection system combines the latest advancements in molecular detection technology and food microbiology to provide faster results with the increased accuracy required to meet today's food and environmental testing challenges. The Assurance® GDS system comprises three simple steps: Sample enrichment, Sample preparation assays utilizing our innovative GDS PickPen® immunomagnetic separation (IMS) device, and PCR analysis with the GDS Rotor-Gene® thermal cycler. GDS uses proprietary magnetic particles to capture the target organism from the enriched sample. The innovative GDS PickPen® concentration device quickly and easily collects and transfers the concentrated target – 8 samples at a time. It utilizes probes and primers which are highly conserved target gene sequences and ensures greater specificity with fewer indeterminate or false positive reactions. Also accompanied with multiplex platform allows for the simultaneous detection of multiple targets within each amplification tube.

It works on the combination of two different technologies such as immunomagnetic separation (IMS) and polymerase chain reaction (PCR) to create a single method. IMS is the use of paramagnetic particles coated with specific antibodies to capture and separate cells containing the target antigen from the surrounding environment (sample). This technique has been widely used by microbiologists to aide in the isolation and recovery of low levels of pathogenic organisms from problematic sample matrices and high background microflora environments. It can provide additional advantages when utilized in preparation of samples for PCR-based pathogen detection. Assurance GDS™ utilizes a novel intrasolution IMS method to prepare samples for analysis via PCR. In this method, the sample aliquot and particles are combined in a deep well plate. The magnetic tips of the Assurance GDS PickPen™ device are inserted directly into the wells to collect the particles and transfer them through a wash solution into a resuspension buffer. Once deposited in the buffer, the particles and the associated captured organisms are ready for analysis with the Assurance GDS system.

E. MALDI-TOF

Identification of microorganisms is typically performed by matrix-assisted laser desorption/ionization time-of-flight (MALDI-TOF). It works on the principle of protein based

spectral identification of bacteria. One of the great advances in microbiology in recent years due to its speed of result together with a low cost per test it easily outperforms biochemical based approaches. Most MALDI-TOF will sit near or immediately next to an automated system, and some systems can use a loop to seed the MALDI-TOF target plate automatically. The technology touts accurate, rapid, and inexpensive identification of microorganisms isolated from samples. MALDI-TOF procedures are highly amenable to automation because they are technically relatively simple and reproducible. Additionally, spotting of target plates and extraction of proteins can be standardized for most organisms and, when combined with automation, can be performed with minimal staffing.

The identification protocol includes

The sample for analysis by MALDI/MS is prepared by mixing or coating with solution of an energy-absorbent, organic compound called matrix. When the matrix crystallizes on drying, the sample entrapped within the matrix also co-crystallizes. The sample within the matrix is ionized in an automated mode with a laser beam. Desorption and ionization with the laser beam generates singly protonated ions from analytes in the sample. The protonated ions are then accelerated at a fixed potential, where these separate from each other on the basis of their mass-to-charge ratio (m/z). The charged analytes are then detected and measured using different types of mass analyzers like quadrupole mass analyzers, ion trap analyzers, time of flight (TOF) analyzers. For microbiological applications mainly TOF mass analyzers are used. During MALDI-TOF analysis, the m/z ratio of an ion is measured by determining the time required for it to travel the length of the flight tube. A few TOF analyzers incorporate an ion mirror at the rear end of the flight tube, which serves to reflect back ions through the flight tube to a detector. Thus, the ion mirror not only increases the length of the flight tube, it also corrects small differences in energy among ions. Based on the TOF information, a characteristic spectrum called peptide mass fingerprint (PMF) is generated for analytes in the sample. Identification of microbes by MALDI-TOF MS is done by either comparing the PMF of unknown organism with the PMFs contained in the database, or by matching the masses of biomarkers of unknown organism with the proteome database.

F. Polymerase Chain Reaction (PCR)

One of the most commonly used molecular-based method for the detection of foodborne bacterial pathogens is polymerase chain reaction (PCR). PCR was invented about 30 years ago and it allows the detection of a single bacterial pathogen that present in food by detecting a specific target DNA sequence. PCR operates by amplifying a specific target DNA sequence in a cyclic three steps process. Firstly, the target double-stranded DNA is denatured into single-stranded DNA at high temperature. Then, two single-stranded synthetic oligonucleotides or specific primers which are the forward and reverse primer will anneal to the DNA strands. This is followed by the polymerization process whereby the primers complementary to the single-stranded DNA are extended with the presence of deoxyribonucleotides and a thermostable DNA polymerase. The PCR amplification products are visualized on electrophoresis gel as bands by staining with ethidium bromide. PCR have been used in the detection of numerous foodborne pathogens like *Listeria monocytogenes*, *Escherichia coli* O157:H7, *Staphylococcus aureus*, *Campylobacter jejuni*, *Salmonella* spp. and *Shigella* spp.

G. Multiplex PCR (mPCR)

Multiplex PCR offers a more rapid detection as compared to simple PCR through the simultaneous amplification of multiple gene targets. The basic principle of mPCR is similar to conventional PCR. However, several sets of specific primers are used in mPCR assay whereas only one set of specific primers are used in conventional PCR assay. Primer design is very important for the development of mPCR, as the primer sets should have similar annealing temperature in order to produce a successful mPCR assay. Besides, the concentration of primers is also important in mPCR. This is because interaction may occur between the multiple primer sets in mPCR that results in primer dimers, thus, the concentration of primers may need to be adjusted to ensure the production of reliable PCR products. Other important factors for a successful mPCR assay include the PCR buffer concentrations, the balance between magnesium chloride and deoxynucleotide concentrations, the quantities of DNA template, cycling temperatures and Taq DNA polymerase

H. Real-Time or Quantitative PCR (qPCR)

Real-time PCR or quantitative PCR is different from simple PCR whereby it does not require agarose gel electrophoresis for the detection of PCR products. This method is able to monitor

the PCR products formation continuously in the entire reaction by measuring the fluorescent signal produced by specific dual labelled probes or intercalating dyes. The fluorescence intensity is proportional to the amount of PCR amplicons. Several fluorescent systems have been developed for qPCR and the most commonly used fluorescent systems include SYBR green, TaqMan probes and molecular beacons. SYBR green is a double-stranded DNA (dsDNA)-binding fluorescent dye. This non-sequence-specific intercalating dye emits little fluorescence and the fluorescence signal is enhanced when bound to the minor groove of the DNA double helix. TaqMan probes and molecular beacons are the common alternatives to SYBR green. TaqMan probes, also known as double-dye probes, are oligonucleotides that contain a fluorophore as the reporter dye at the 5'-end and the quenching dye at the 3'-end. The reporter dye and the quenching dye are close to each other and this prevent the emitted fluorescence of the reporter. TaqMan probe is complementary to a specific nucleotide sequence in one of the strands of amplicon internal to both primers and the system depends on the 5'-3' exonuclease activity of Taq DNA polymerase that cleaves the probe and separates both dyes in order to generate the fluorophore signal.

I. Loop-Mediated Isothermal Amplification (LAMP)

LAMP is a novel nucleic acid amplification method developed by Notomi et al. which provides a rapid, sensitivity and specific detection of foodborne pathogens. LAMP is based on auto-cycling strand displacement DNA synthesis carried out by Bst DNA polymerase large fragment under isothermal conditions between 59°C and 65°C for 60 min. In LAMP, four primers comprising two inner primers and two outer primers are used to target six specific regions of target DNA. Cauliflower-like DNA structures bearing multiple loops as well as stem-loop DNAs of different sizes are the final products of LAMP. Large amount of amplicons can be produced by LAMP within 60 min which is usually 10³-fold or higher as compared to simple PCR. The LAMP amplicons can be detected by agarose gel electrophoresis or SYBR Green I dye.

Problems/draw-backs with automated systems

Several factors have contributed to the current dearth of automation in microbiology labs. These include the ideas that microbiology is too complex to automate, no machine can replace a human in the microbiology laboratory, automation is too expensive for microbiology laboratories, and microbiology laboratories are too small to automate. Microbiology samples are more complex

for analysis by conventional methods. Humans are generally considered capable of performing tasks faster than machines and that machines cannot think. The perception that machines cannot exercise the critical decision-making skills required to process microbiology specimens has persisted. Specifically, human observation of organism growth on agar plates is still considered essential by many. Automation has historically been considered too expensive for microbiology. It simply has not been viewed as cost-effective. Although automation is justified for chemistry, the relative test volumes for microbiology are much smaller, making automation seemingly less attractive. Most microbiology laboratories have been considered to be too small for automation. Automation may have a place in the very largest microbiology labs, it does not have a place in the average-sized laboratory as these labs are small, automation would be underutilized. At last shortage of well trained personnel for operation of automated instruments also play an important role in automation of microbiology laboratory.