**4. PLATING METHODS USED IN MICROBIOLOGY**
Abhay Kumar, L Narasimha Murthy, A Jeyakumari
Mumbai Research Centre of CIFT, Vashi, Navi Mumbai – 400703

**Introduction**

Microorganisms are present on all inanimate surfaces creating ubiquitous sources of possible contamination in the laboratory. Experimental success relies on the ability of a scientist to sterilize work surfaces and equipment as well as prevent contact of sterile instruments and solutions with non-sterile surfaces. Study of microorganism needs accurate handling or it adversely affects the handlers. Standard operating procedures are the key step in performing the microbiology study. This not only gives the reliable result but also ensure the safety of the laboratory technicians. Plating is the common technique employed and the petriplates of different sizes can be used for different purposes. It is recommended that non-pathogenic strains be used when learning the various plating methods. By following the procedures described in this protocol:

- Perform plating procedures for enumeration of bacteria without contaminating media and self.
- Isolate single bacterial colonies by the streak-plating method.
- Use pour-plating and spread-plating method for variety of applications like desired bacterial screening.

**General instructions**

- Sterile workspace and premises is essential for microbial works
- Sterilize all instruments, solutions, and media prior to using them for plating procedures.
- Clean work area with phenol or 70% alcohol to minimize possible contamination.
- Keep burner with flame prior to work to create a sterile field.
- In all techniques sterilization of glass wares in hot air oven and the Medias in prescribed manner should be done prior to plating.
- Media which are autoclaved and glassware should be cooled to sufficient levels before plating.
- Marking of the petriplate should be done in base of the plate.

**I. Pour plate technique**

This method often is used to count the number of microorganisms in a mixed sample, which is added to a molten agar medium prior to its solidification. Molten agar should be cooled to 44°C before plating otherwise it may lead to death of the desired organism. The process results in colonies uniformly distributed throughout the solid medium when the
appropriate sample dilution is plated. This technique is used to perform viable plate counts, in which the total number of colony forming units within the agar and on surface of the agar on a single plate is enumerated. Viable plate counts provide scientists a standardized means to generate growth curves, to calculate the concentration of cells in the tube from which the sample was plated, and to investigate the effect of various environments or growth conditions on bacterial cell survival or growth rate. This method is advantageous when our organism is environment bacteria and the prevalence is less.

Materials required
Sample, sterilized petri plates, sterilized nutrient media, flame, glass marker

Procedure of Pour plate technique
- With the help of serial dilution technique, the sample should be prepared. The good dilution is one which gives colonies in between 30 to 300.
- Label the petri dishes in the bottom of plate
- Put 1 ml prepared dilution sample in the petri plate near the flame
- Cool the media and pour it in the plate. 100 ml media can be poured to 4 plates
- Mix the plate well for uniform spreading and allow it to solidify and incubate

Limitations
- Some colonies may be hidden inside agar
- Heat labile organism will die

II. Spread plate technique
- The spread plate technique is used for enumeration, enrichment, screening and selection of microorganism. In this the culture is uniformly spread over the surface of an agar plate, resulting in the formation of isolated colonies distributed evenly across the agar surface if the appropriate concentration of cells is plated.

Materials required
Sample, sterilized petri plates, sterilized nutrient media, flame, glass marker, glass rod (alternatively sterile plastic rod also can be used), beaker with alcohol

Procedure
- Sterilize the petri plate and nutrient medium. Cool it to 56°C. pour in the plate and allow it to settle.
- Then prepare the sample. Serial dilute if necessary. Add 0.1 ml of sample in the surface of dried agar plate
- Dip the spreader in alcohol, flame and cool it
- Spread the sample uniformly near the flame
- Incubate the plate in inverted position
Advantage over other methods
- Colony morphology can be seen clearly
- Can be used for screening and selection

Limitations
- Over growth may occur
- Micro aerophilic bacteria may get affected

III. Streaking
This method is used for obtaining pure culture from the mixed culture. Quadrant streaking is done in the petri plate in such way that all four corners are used for isolating a single bacterial colony

Materials required
- Sample, sterilized petri plates, sterilized nutrient media, flame, glass marker, metal loop

Procedure
1. Media should be poured in petri plate and allowed to settle. Then it is dried till the condensed water becomes dry
2. Flame the loop until it becomes red hot and allows it to cool. Then pick the colony aseptically near the flame
3. Place loop with culture in petri plate and take it to other quadrant without touching the edge of the petri plate. Then flame the loop to sterilize
4. From the previous line draw another line perpendicular to the old line with sterile loop. This line also should not touch the corner.
5. Then sterilize the loop and draw another line from the previous quadrant perpendicular to the old line with sterile loop. This line also should not touch the corner.
6. Then sterilize the loop and from the old line draw another line with the loop and stop in the half quadrant. This way we can get individual colony without contamination in one plate.
7. The bacteria grown in single colony are assumed to have formed from the single bacteria and they are called as clone.

Advantage over other method
- Pure culture can be obtained. If colony morphology is known contaminated cultures can be purified

Limitations
Expertise required for getting individual colony in streaking

IV. Agar overlay method
This technique can be used for isolation bacteriophage. Phages are viruses affecting bacterial cell and they cannot live outside the cell as like other viruses. Quantification of phage as phage forming unit also can be done using this method. First Bacterial mat called lawn formed in the plate. Then the phages mixed infect the bacterial cells. So the bacterial lawn disappears. The resultant zone of clearance is called plaque. As like bacterial colonies, single plaque also formed by single phage and it is expressed as plaque forming unit.

Procedure

1. First the agar plate is prepared as like streaking or spread plate technique
2. Bacterial culture usually $10^8$ bacteria and phage suspension (50-200μl) is uniformly mixed with soft agar (0.5-0.7%) of 2-3 ml.
3. Pour it on top of pre-settled agar plate and shake it vigorously for uniform spreading
4. Allow it to settle and incubate 24-48 hrs.

V. Antibiotic sensitivity testing using petri plate

Antibiotic sensitivity of desired organism also can be tested with the plating procedure. For this known amount of culture with the same OD or McFarland unit concentration should be checked every time to get uniform results. The known concentration of bacteria should be inoculated as spread plate to form uniform lawn. Then the discs should be equally placed with uniform concentration of antibiotic. With the help of the ruler the zone of inhibition should be checked

Materials required
Fresh culture of bacteria to be tested, Inoculation loop, Burner, McFarland solution, Saline solution, Muller Hinton agar plate, Antibiotic disc to be tested, Incubator, Ruler, Forceps and beaker with alcohol, glass rod

Procedure

1. Take pure culture of the organism to be tested (fresh culture of 12-24 hrs. desired)
2. This should be uniformly mixed with saline and compared with McFarland standard OD
3. Alternatively, the bacteria to be tested should be well studied and compared with the OD. So the concentration to be checked for different antibiotic will be always uniform
4. Aseptically spread the colony with the sterile glass spreader to the Muller Hinton plate
5. Allow the plate for dry 5 minutes
6. Place the antibiotic disc with the help of sterile forceps and gently press
7. Incubate the plate without inverting
8. After incubation measure the zone of inhibition.
9. Compare the measurement obtained from the individual antibiotics with the standard table to determine the sensitivity zone.

5. ENUMERATION AND ISOLATION OF PATHOGENS FROM SEAFOOD

Abhay Kumar, L. Narasimha Murthy, A. Jeyakumari and Laly .S. J
Mumbai Research Centre of CIFT, Vashi, Navi Mumbai - 400703