CSWCRTI, Research Centre, Chandigarh started Lab to Land Programme (LLP) in 1979-80 in villages of Haryana situated at Shiwalik foothills to test the technologies developed by the Centre under field conditions. This Bulletin discusses the details of the technology transferred by the Research Centre and presents the results obtained on agricultural production and socio-economic conditions of the adopted families before taking up and as a result of implementing the programme. The monitoring of the adopted families continued even after the withdrawal of the programme with a view to study the impact of the programme. Resource use efficiency of various inputs before, during and after the withdrawal of the programme has been worked out and a comparative analysis of the results has been made.